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## **One woman shares how God's love, grace and mercy guided her through her grief journey**

*Lillian Adrian announces the release of 'Stories from the Heart: The Walk of a Widow'*

DALLAS – Losing her husband Tim due to brain aneurysm devastated Lillian Adrian's life. She searched desperately for hope and found it in many books from those who had walked her journey. She realized she had a story to tell, that her prayer, would bring hope to others walking this journey also. It is for this reason she has written "Stories from the Heart: The Walk of a Widow" ([published by WestBow Press](#)).

In this book, Adrian shares the heart-wrenching, life-changing and tumultuous season of her life and her deep faith in God's sustaining love, grace and mercy as evidenced in her acceptance of the inevitable fact that her widow's walk in losing Tim belongs to her and her alone. Her stories are heartbreaking in places, and in other's gloriously redemptive to the human spirit in need of comfort when losing someone loved with all one's heart. As readers read her story, they will understand the importance of closure — not forgetting but getting closure to pain — and openness to completeness, hope, joy, and peace again after she experienced the most devastating moment in her life.

"Losing a loved one through death is so final. We hang onto life as if it is something we can manipulate and work it to our benefit. It is the quick fix society but death is not a quick fix. We don't get to fix this although we desperately want to barter and find a way to work life's journey. We are all looking for something to bring us peace throughout our devastation. I personally believe the choice of choosing God's unfailing love, is what will bring that peace and I do believe that more folks are realizing this due to all the turmoil in our world," Adrian says.

When asked what she wants readers to take away from the book, Adrian answers, "That it is ok to be angry, to doubt your own faith, to doubt God, to yell and scream at the world for the unjust tragedy you have faced and not feel guilty about those feelings, Yet, the importance of seeking God's face again and experiencing joy once more."

"Stories from the Heart: The Walk of a Widow"

By Lillian Adrian

Hardcover | 6 x 9in | 140 pages | ISBN 9781664243545

Softcover | 6 x 9in | 140 pages | ISBN 9781664243538

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Available at Amazon and Barnes & Noble

### **About the Author**

Lillian Adrian, a pastor's daughter, being raised to believe that God would walk her through life's many journeys, became the wife of Tim, in 1977. After 30 short years of marriage, her sweet husband passed away suddenly from a brain aneurysm. Changing her life forever, this inspired her to write "Stories from the Heart: The Walk of a Widow."

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